

PERSONAL, SOCIAL, HEALTH AND ECONOMIC EDUCATION (PSHE) POLICY

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In this policy 'we' and 'us' means Harington School.

1. AIMS OF THE POLICY

- 1.1 All schools, including sixth-forms colleges, have a duty to promote the spiritual, moral, cultural and social development of their students and prepare them for the opportunities, responsibilities and experiences of later life.
- 1.2 The aim of our PSHE (Personal, Social, Health and Economic Education) is to aid the personal development of our students, providing them with the core knowledge, skills and values they need to live and work in the United Kingdom. Via our PSHE programme (which includes tutorial lessons, guest speakers and assemblies) students will be encouraged to reflect upon the 'big questions' surrounding: personal wellbeing, relationships, identity, safety, politics, discrimination and finance.
- 1.3 The PSHE curriculum aims to build on the topics covered at Key Stage 4, rather than simply re-visit the same content. Every session should be age appropriate and serve to prepare students for the challenges they may encounter in their current lives (e.g. learning to drive, workplace bullying and addiction) and those they are about to face (student finance and independent living).
- 1.4 In PSHE everyone should be treated with dignity and respect. Sessions should provide a safe and stimulating environment where students can voice their thoughts, listen to other, challenge and be challenged and take time to reflect.

2. TO WHOM THIS POLICY APPLIES

- 2.1 This policy applies to tutors and curriculum staff involved in the preparation and delivery of the PSHE programme.

3. WHO IS RESPONSIBLE FOR CARRYING OUT THIS POLICY

3.1 The Cluster Lead for PSHE and pastoral team must ensure that the personal, social, health and economic education programme is consistent with the principles outlined in this policy.

3.2 Individual tutors are responsible for ensure that tutorial sessions are delivered to a high standard (as per the scheme of work) and that all students have access to the PSHE programme.

4. STUDENT CONSULTATION

4.1 It is useful for students to be consulted on their own personal, social and citizenship development. During the academic year, students may be consulted on what issues they would like to see covered in the PSHE programme and how useful sessions have been.

5. ORGANISATION AND CONTENT OF THE PSHE PROGRAMME

5.1 PSHE is timetabled weekly for each year group and is delivered during tutorial. It is also taught through themed assemblies and with the help of external speakers where appropriate.

5.2 PSHE schemes of work and resources are created by the Cluster Lead of PSHE and the tutor team. They are created in line with national and local priorities, the Safeguarding and Prevent policies, current affairs, published relationship and sex education guidance. Consideration will be given to ensure appropriate transition of material covered during Key Stage Four.

5.3 The key concepts include:

- Personal wellbeing – mental health, stress and anxiety, eating disorders, self-esteem, depression, mindfulness, body image, risk, addiction, drink driving
- Relationships – abuse and domestic violence, contraception and STI information, violence against women, sexual consent, sexting, social media.
- Revision – study skills.
- Identity and equality – diversity, gender.
- Personal safety – safety at night.
- Politics – parliamentary democracy (Westminster Model), voting system, political parties and migrants and refugees.
- Discrimination – Islamophobia, antisemitism and hate crimes
- Personal finance – budgeting, tax, payslips, credit cards, loans, insurance, fraud
- Online safety: content, conduct and commerce.

5.4 Assemblies are used to discuss British Values and are delivered by members of staff.

Spiritual and moral elements are promoted using the Harington Link, a collaborative project including both staff and students.

6. EXPECTATIONS

6.1 All students are expected to engage with the PSHE programme as part of their Post-16 programme of study.

7. QUALITY

7.1 The PSHE programme will be monitored and quality assured by the Deputy Head who leads on pastoral care and the Head of School on an annual basis via learning walks, focus groups, governor scrutiny panels and surveys.

8. SEX EDUCATION

8.1 Sex and relationship education forms an integral part of our personal, social, health and economic education and academic curriculum.

8.2 We provide sex and relationship education for all students, encouraging a regard for the moral considerations, healthy relationships and values of a range of different lifestyles. The programme will be appropriate to the nature of relationships at School and take into account any local issues regarding sex education. We cover informed consent, decision making, contraception, sexual health support and risk assessment.

8.3 Sex and relationship education prepares students for adult life as parents and responsible individuals in society. The quality of relationships, values, standards, personal responsibility and factual information, including the physical and moral aspects of sex and relationships, are all of equal importance.

8.4 Opportunities are provided for an honest and sensitive discussion of a broad range of issues, as well as answering questions with sensitivity to individual needs and levels of awareness.

8.5 Outside agencies may be used to deliver information to students.

8.6 When training and advice is requested from staff involved in delivery, it will be provided.

8.7 The PSHE programme is vital for all students. Withdrawal from any aspect of the PSHE programme including the sex education programme would be considered on a case-by-case basis in conjunction with the student and parents.