



WELCOME TO OUR PARENT SAFEGUARDING NEWSLETTER

MEET THE SAFEGUARDING TEAM



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Lead



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Student Support Advisor
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Cluster Lead and Deputy
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CONTACTS

Harington Designated Safeguarding Lead

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- If you have any concerns about your child or another student at Harington you can email safeguarding@haringtonschool.com and a member of the team will be in touch.
- If you (or a friend) require support with your (their) mental health at Harington School you can email wellbeing@haringtonschool.com

Safeguarding links

- **Harington School Child Protection Policy** - <https://www.haringtonschool.com/wp-content/uploads/2025/10/Harington-Child-Protection-2025-2.pdf>
- **Rutland and District Schools' Federation Safeguarding Policy** - <https://www.haringtonschool.com/wp-content/uploads/2025/10/Federation-Student-Safeguarding-Policy-September-2025-2-.pdf>



We will regularly share a safeguarding newsletter with you to keep you up to date with advice and developments in this area.

SAFEGUARDING EDUCATION FOR STUDENTS

Every year students receive an assembly on safeguarding education to ensure that all students have the information to safeguard themselves and others. The content links to examples that typically happen within School, but also scenarios that they may encounter in part time employment and social events.

Whilst Year 13 received a safeguarding refresher, Year 12 students completed a quiz and had a follow-up tutorial session to ensure that all students understand the importance of safeguarding and know how to raise concerns about themselves and others.

If you have any concerns about your child or another student at Harington School, you can email hs_safeguarding@haringtonschool.com

Notice – Check - Share		
1 A friend shares that they have changed driving instructor because they were 'a bit inappropriate'.	2 You are sent a rumour about a student who got really drunk at a party and was taken advantage of.	3 A peer shares that their line manager at their part time job has asked them to work late to complete a stock take. They know that they will be the only two people on site.
4 You notice that a peer is rarely seen with anyone outside of lessons, and spends most of their private study and breaks on their mobile. They also look a little unkempt.	5 A current Catmose student engages in conversation with you on Instagram (you met them in an elective), and later sends you a friend request.	6 Your friend mentions that their partner checks their phone daily and has stopped them going out

Safeguarding Training

Aims

Raise awareness of topical safeguarding issues and updates

Ensure that you know your responsibilities to yourself and others

Ensure that you know how to raise concerns about yourself and others

Why?

Safeguarding is the responsibility of everyone and should always be our priority

WELLBEING@HARINGTON

Many students experience difficulties when they transition between settings or from one year group to another, and may need support. Students will know that they can report worries or concerns in person, online or into the 'worries' box in Oxford. Students can share their concerns in confidence and be assured that the matter will be taken seriously. When we receive a report, a member of staff will confirm receipt in person or by email. Most often, a member of staff will speak to the student, and this supportive conversation is usually sufficient. If we believe that a student would benefit from additional support, we will contact parents to discuss next steps.

We often see that students place undue pressure on themselves to be exceptional, and find it difficult to balance academic and out of school life. There are often steps that we can take to encourage our young people to employ self-care as well as asking for help, such as:

Take a digital detox

- Exercise by doing an online yoga practice or go for a walk and notice nature
- Relax by taking a bubble bath or reading a book
- Create something artistic or a music playlist
- Keep a journal or write a gratitude list
- Organise and donate what you no longer need
- Plan something nice

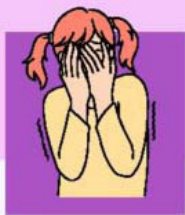
If you believe your child requires support with their mental health, please email wellbeing@haringtonschool.com

ONLINE SAFETY

There is a noticeable increase in people turning to social media and generative AI to explore their feelings, without them realising that the information they receive could be contradictory, not based in fact or unverified. With algorithms in social media meaning that young people are recommended similar content to what they have engaged with, a negative cycle can quickly be achieved.

Whilst we promote the sensible use of online spaces as part of our tutorial programme, we also have a filtering and monitoring system that notifies the Designated Safeguarding Lead to any unsuitable search and/or site that a student accesses when connected to the School Wi-Fi. With the rise of misinformation, disinformation and conspiracy theories, alongside the leaps in generative AI, it is essential that we remind young people to consider these four areas of online safety risk:

THE FOUR C's OF ONLINE SAFETY



1

CONTENT

Is it illegal, inappropriate or harmful?



2

CONTACT

Are there harmful interactions with other online users?



3

CONDUCT

Is there personal online behaviour that causes harm or increases the likelihood of risk-taking behaviour?



4

COMMERCE

Are there risks such as online gambling, phishing or financial scams?

By having explorative conversations about screen time and content they engage in, we can support our young people to have a healthy relationship with technology and online spaces.